



SEPAKTAKRAW SELECTION CRITERIA

In adherence to the guidelines outlined in Extraordinary Gazette notification 2382/32 dated 03/05/2024, we are pleased to present the selection criteria for sepaktakraw players aiming to represent Sri Lanka in international competitions.

Sri Lanka Sepaktakraw Federation (SLSTF) in selecting athletes as members of the Sri Lanka National Sepaktakraw team, will consider the factors listed below through observational and written evaluations of players' performance.

The goal of the selection process is to select a team that can train and compete at a high-performance level, on a daily basis, and compete with the best teams. This requires high-level performance, team cohesiveness, and a constant pursuit of excellence.

The sport of sepaktakraw is distinguished by its unique blend of athleticism and teamwork, where success is not determined by measurable metrics or timed events. Consequently, selecting athletes to form a cohesive team presents challenges as objective criteria may not fully capture the essence of player suitability.

Factors considered in the selection process include:

- ✓ **Physical attributes:** Height, jump, agility, speed, power, etc.
- ✓ **Skills:** Effectiveness and efficiency in serving, passing, setting, attacking, and blocking.
- ✓ **Needs of the team:** Positional needs and positional suitability, short-term/immediate vs long-term/future program needs.
- ✓ **Commitment:** Demonstrate commitment to high-performance sports in general and to the Country sports program overall.
- ✓ **Potential for Development:** Demonstrates awareness of what it takes to succeed but skills are not developed yet.
- ✓ **Teamwork:** The willingness to accept a role that leads to team success, regardless of whether that role is on the court or supporting teammates on the court.
- ✓ **Winning Attitude:** Demonstrates the "will to win", and the desire to compete during training & competition.
- ✓ **Shared Purpose:** Contributes to the team atmosphere with a shared purpose of creating a successful team.
- ✓ **Good Attitude and Respectful Behaviour:** Treats others with respect, supports program, team, SLSTF, and Sri Lanka. Make choices that reflect a high-performance lifestyle both on and off the court.
- ✓ **Progressive Improvement:** Positive changes in physical testing, technique, and strategic awareness.
- ✓ **Effective Communication:** Demonstrates good communication skills and interactions and is willing to work through and resolve conflicts that might interfere with the success of the team.
- ✓ **Versatility:** Exhibits a balance between offensive and defensive skills as well as the ability to play different positions and with different players on the court.
- ✓ **Maturity:** Exhibits an ability to adjust to various situations, deal with adversity, and react appropriately. Accepts responsibility and is accountable for actions and learning. Takes initiative and is self-directed.
- ✓ **Attendance at training:** Makes training/competition a priority when scheduling activities.